

Individual Exercise

JUDGE Difficulty (D)

Judge No \_\_\_\_\_ Date **04/10/2021**

Country **USA** No Gymnast: **Olesia Dilai**



**ASCA**

Difficulty		JUDGE	Difficulty		JUDGE	Difficulty		JUDGE
Value	0.2		Value	0.3		Value		
→ ( ≠ = )			↗ —					
Value	0.2		Value	0.3		Value		
√ ( ≠ † )			— ↓ ↓					
Value	0.3+0.3=0.6		Value	0.2		Value		
S √ ∞ ( † ≠ ) 8			→ ( ≠ † ⊗ )					
Value	0.5		Value	0.3		Value		
√ R ⊗ Z †			∞ T*					
Value	0.2		Value	0.4+0.2=0.6		Value		
∞ ( = ⊗ )			∞ † †					
Value	0.4		Value	0.2		Value		
R <sub>3</sub> Z ↓			∞ ( ≠ ⊗ † )					
Value	0.5+0.2=0.7		Value	0.2		Value		
∞ T → ( B D ⊗ )			∞ → ( ≠ ⊗ )					
Value	0.4		Value	0.2		Value		
↓ ( ≠ ⊗ )			∞ † ( ⊗ † )					
Value	0.4		Value	0.2		Value		
‡ †			R √					
Value	0.2		Value	0.3		Value		
→ ( ⊗ † )			S ∞ ∞					
Value	0.3		Value	0.3		Value		
∞ ( ⊗ ≠ † )			∞ ( ≠ ⊗ )					
Value	0.3		Value			Value		
∞ ( ⊗ † )								
Value	0.2		Value			Value		
→ ( ≠ † = )								
Value	0.4+0.2=0.6		Value			Value		
√ √ ( ≠ ⊗ )								

Use music with voice and words:

Fundamental: **10**  
Other: **25**

**TOTAL: 8.30**

**0.30 p. penalties:**

- Min. 1 Difficulty from each body group
- Min. 3/Max 9 Body Difficulties
- Max. 1 "Slow turn" balance
- Min. 1 Dance Steps
- Min. 1 each group – Fundamental Apparatus Technical elements
- Min. 1 Dynamic Element with Rotation
- Min. 1 Apparatus Difficulty

**Penalty**

**FINAL SCORE JUDGE**

Coach Signature \_\_\_\_\_

Judge Signature \_\_\_\_\_